



## **Rules and Regulations of the Organization**

### **1. The name of the organization**

1.1 The name of the organization: **The Israeli Association for Psychotherapy (RA)**.

### **2. Office Address**

2.1 Organization Address: PO Box 926, Kiryat Ono 5510702 Tel: 03-7369051 Fax 153-3-7369051

### **3. Goals of the Organization**

3.1 **The organization's objectives** are as follows:

- 3.1.1 Promotion of psychotherapy in Israel.
- 3.1.2 Advancing the professional level of practitioners of psychotherapy in Israel.
- 3.1.3 Promoting public awareness in the fields of psychotherapy.
- 3.1.4 Maintaining professional ethics.
- 3.1.5 Taking actions which advance the goals of the organization.

### **4. Activities of the organization**

#### **4.1. Professional activities.**

- 4.1.1 Initiate, organize, execute and manage operations and training seminars on psychology and psychotherapy for our association members and others who work in these areas.
- 4.1.2 To encourage research and study in the field of psychotherapy, psychopathology and personality development.
- 4.1.3 Encourage professional publications.
- 4.1.4 Take any other action that might tell the committee to advance the goals.

#### **4.2. Organizational activity**

- 4.2.1 Involvement in legislation and additional public activities in the field of psychotherapy.
- 4.2.2 Obtaining funds and other financial support as well as bequest – for the purpose of executing the goals of the organization – from private individuals and associations, groups and companies wishing to make contributions.

### **5. Membership**

- 5.1 The founders of the organization are hereby members of it from the day in which the organization is registered in the registry of nonprofit organizations.
- 5.2 The founders shall not have any extra privileges of any kind.
- 5.3 Whoever was a member of the Ottoman Association will become a member of the organization upon its founding.
- 5.4 Member of the association can be:
  - 5.4.1 Psychiatric physicians.
  - 5.4.2 Clinical Psychologists.
  - 5.4.3 Psychologists therapeutic non clinical experts (educational, medical, rehabilitative, developmental) meeting the conditions for completion of academic clinical experience accredited mental health institutions and School Association of Psychotherapy recognized, as described in sections 5.6,5.7, 5.5.
  - 5.4.4 Social workers with master's degrees who: completed a recognized school of psychotherapy, who worked at least three years part-time as part of their profession and their expertise recognized institutions such as mental health including at least 160 hours of weekly, individual supervision and completed studies at psychotherapy schools recognized by our Association.
  - 5.4.5 Social workers who are not in clinical / mental health / treatments (Child and Family, Children and Youth, Trauma), a master's degree recognized The Council of High Education (**CHE**), after two years of half time framework, as part of their profession and their expertise with 90 hours of instruction, academic resignation accepted clinical condition and two years experience in **CHE** accredited institutions on mental health

psychotherapy recognized by the Union as described in sections 5.7, 5.6, 5.5.

5.4.6 Art therapists with master's degrees recognized by **CHE** in their profession, after two years part-time job as part of their profession and their expertise with 90 hours of training, will be accepted according to their first title in psychology or social work recognized the **CHE**, academic and clinical acceptance conditions, two years of clinical experience recognized mental health institutions and schools recognized psychotherapy Union as described in sections 5.5, 5.6, 5.7

5.4.7 Clinical criminologists with master's degrees recognized by **CHE** in their profession, after two years of half-time framework as part of their profession and specialization, with 90 hours of training, will be accepted according to the conditions of their first title or psychology or social work recognized by **CHE**, and supplementary Clinical academic, clinical training for two years at accredited institutions of Mental Health Schools and familiar Psychotherapy Association as described in sections 5.7, 5.6, and 5.5.

**5.5 The requirement for academic completion** of clinical studies is an accredited institution by **CHE** and including :

5.5.1 Two annual courses in psychopathology and theories of evolution, at least one active with dynamic approach .

5.5.2 Two annual courses in terms of theories of psychotherapy, at least one of them with dynamic approach.

5.5.3 Annual course of the interview theory .

5.5.4 Practical experience for at least one day per week, parallel to studies in clinics for mental health and psychiatric hospital.

**5.6 The requirement to experience mental health** institutions defined as experience in recognized mental health institutions , accredited institutions and / or supervised by the Mental Health Services in the Ministry of Health (community or hospitalization institutions) and / or recognized by the Professional Committee of Clinical Psychology and / or association for psychiatry and includes:

5.6.1 Experience of two-years in an accredited mental health institutions.

5.6.2 Individual psychotherapy with 5 patients per year.

5.6.3 Participation in team meetings, seminars and personal training totaling 70 hours from coaches in the same institution recognized as expert trainers in their field, core subjects: clinical psychologists, clinical social workers and psychiatrists.

**5.7 Psychotherapy schools recognized by the Association** will be those that:

5.7.1 The core courses relate to the following issues:

1. Psychopathology.

2. Theory of normal and pathological development.

3. The treatment practice.

4. Ethics.

5. The classic and modern treatment approaches, including approaches to that deal with procedural – Dynamic (e.g. discussion of past experiences, developmental attachment, detection and recognizing recurring patterns, relationships, therapist – patient relationship, recognition of unconscious processes - anxieties and defenses).

5.7.2 The number of hours of teaching approaches that deal with procedural dynamic - at least 150 teaching hours (about a third of a three-year, current, consisting of 150-180 hours per year).

5.7.3 The framework will be given 90 hours of training by certified instructors, core subjects recognized by the schools.

5.7.4 It will be a selective admissions process that includes rigorous professional experts' recommendations of core subjects and personal interviews, while assessing the candidates to engage in psychotherapy and demand psychotherapy personally before admission or during the course.

5.7.5 Association website shall be published periodically updated list of psychotherapy schools recognized by the association.

- 5.8 Anyone wishing to become a member of the organization will be required to submit an application to the Board according using the following wording:  
“I [Name, Profession, and Identity Number] request to be a member of the Israeli Association for Psychotherapy. I am familiar with the goals and regulations of the organization.  
If I am accepted as a member, I shall abide by the regulations as defined by the general assembly of the organization.”
- 5.9 Decisions regarding the acceptance or rejection of membership applicants are subject exclusively to the consideration of the Board.
- 5.10 The Board, with the addition of an ad hoc committee, is empowered to grant honorary membership in the organization to those who have made significant contributions in the field of psychotherapy.
- 5.11 The Board is empowered to accept “associate members” who are active trainees in clinical psychology, psychiatry, or who are accredited social workers who are studying in a psychotherapy school and have completed at least one year of supervised work in a mental health framework, or three years of work in a mental health framework (without psychotherapy school.)  
A committee will be established that will address the relevant applications and give them to the committee.

## **6. Rights and Duties of Members**

- 6.1 Members of the organization are entitled to participate and vote in every general assembly and each member is entitled to one mandate in every vote.  
Members are also entitled to vote or be elected to the Board and to committees of the organization.
- 6.2 Members are eligible to be elected to the Board after two years of membership in the organization.
- 6.3 Members are entitled to participate in the activities of the organization and to receive its services.
- 6.4 The Board is authorized to determine the annual membership fee, which will be obligatory for all members.
- 6.5 Expiration of membership in the organization does not exempt a member from payments to which the organization is entitled from the member for the period up to the expiration of the membership.

## **7. Cancellation of Membership**

### **7.1 Membership in the organization is cancelled:**

- 7.1.1 Upon the resignation of the member from the organization.  
A resignation announcement must be submitted the board in writing 30 days in advance.
- 7.1.2 Upon the removal a member from the organization.

### **7.2 Removal from the organization:**

The Board, in cooperation with the ethics committee, is authorized to decide to remove a member from the organization for any of the following reasons:

- 7.2.1 The member did pay his obligations to the organization for two years.
- 7.2.2 The member has been acting against the goals of the organization.
- 7.2.3 The member has been convicted in a court of an offense, which brings with it turpitude (unethical/amoral conduct).

- 7.3 The Board will not propose to remove a member from the organization** unless it has given him or her a fair opportunity to have his claims heard and will not propose to remove a member for the reasons listed in paragraph 7.2 above (with the exception of sub-section 7.2.3) unless and after warning was given to the member and the member was given a reasonable amount of time to correct any distortions.

## **8. Delivery of Messages**

- 8.1 Invitation, request, notification and any notice of the Association** to connect, including the convening of the General Assembly and Process Elections are carried out as much as possible by electronic mail (email), according to the email address of each Member Register of members. In exceptional cases, at the request of a member, send all of the above by regular mail to the address listed in the Register Friends. At the request of the member in the association change the address recorded in the register of members.

## **9. The Institutions of the Organization**

### **9.1 The General Assembly**

- 9.1.1 The date, hour, and place for meetings of the general assembly will be determined by the Board with the proviso that it will meet once every two years.
- 9.1.2 The general assembly will be convened by the Board which will give every member at least 10 day's notice of the meeting specifying the date, time, and place as well as the agenda of the meeting.

- 9.1.3 Regular general assemblies will hear reports on the activities of the Board, of the oversight committee, and will consider these reports as well as a financial report which the Board will present the assembly, and will decide whether to authorize them.
- 9.1.4 Elections for a new Board will take place once every three years either in a general assembly or by email. Members may serve on the board for two consecutive terms only.
- 9.1.5 A general assembly may not convene if at least a quarter of the members of the organization are not present. If such a quorum is present at the opening of the assembly, the assembly is authorized to continue its deliberations and reach decisions even if the number of members present has decreased.
- 9.1.6 If a quorum as described above is not present by one hour after the time designated in the invitation, a members' meeting will be held regardless of the number of members present.
- 9.1.7 The Board will call together an extraordinary general assembly if it is instructed to do so by at least 10% of the members of the organization or if it is instructed to do so in writing by the oversight committee. The instruction to convene a general assembly must specify a proposed agenda.
- 9.1.8 The general assembly will choose an assembly secretary who will conduct the protocol of the assembly.
- 9.1.9 Decisions of the general assembly will be taken by a majority vote of those voting, unless the law demands a different majority.

## **9.2 The Board**

- 9.2.1 The number of members of the Board will be determined by a decision of the general assembly and will include at least 5 members.
- 9.2.2 The Board will serve from its election until the election of a new Board. An outgoing Board member may be elected to the new Board.
- 9.2.3 A Board member may resign from the Board at any time during his term by informing the Board in writing.
- 9.2.4 If a place on the Board is vacated, the remaining members of the Board are empowered to appoint a new member until the next elections. (The new Board member will be the person who, according to the list of candidates from the previous elections, received the most votes after the last elected Board member.)
- 9.2.5 Board meetings: The Board is authorized to determine the times of its meetings, how members will be invited to them, the quorum required, and how they will be conducted.
- 9.2.6 Decisions of the board will be taken by a majority of those voting.
- 9.2.7 The board will maintain minutes of its meetings and decisions.
- 9.2.8 The Board is permitted to authorize two or more of its members to sign documents in the name of the organization which commit it to activities in its area of authority.
- 9.2.9 The Board will present the general assembly with a report of its activities in writing once every two years.
- 9.2.10 Persons who have not been members of the organization for at least two years or who are paid wages by the organization may not serve on the Board.

## **9.3 Oversight Body**

- 9.3.1 An oversight committee of the organization will be formed of up of three members.
- 9.3.2 An accountant will be appointed manage the organizations finances.

## **10. Assets after Dissolution**

- 10.1 If the organization is dissolved, after its debts are paid in full, its remaining assets will be transferred to another public institution, as defined in paragraph 9(2) of the income tax code and will not be distributed to its members.

## **11. Profits and Assets**

- 11.1 Assets and income of the organization will be used only for the organization's goals and the distribution to members of profits or benefits for personal gain in any form is prohibited.

## **12. Amendments to the Rules and Regulations**

- 12.1 The rules and regulations of the organization may be amended in the general assembly by a majority vote of those eligible to vote in to vote in that assembly.
- 12.2 Any decision to change the rules and regulations will be considered by the general assembly only after being authorized and recommended by the organization's Board.